

# How to measure for Starfield Lion

## Step #1 – Chest Measurement

Have the person lift their arms in the air and place the tape around the chest. Make sure that tape is not “dropped” too far in the back and that it comes across the lower part of the shoulder blade and that the tape in the front comes across the largest portion of the person’s chest. Also the tape is to be snug around the person, but not too tight and not too loose (if chest is “puffed out” ask the person to take a breath in and let it out). Please ask for any items in chest pockets to be removed.

**NOTE: Once chest measure is noted, you must add +2” for the final chest measure, example if chest measure is 46” add 2” for a final chest measure of 48”**

Picture #1



Picture #2



## Step #2 – Upper Body

Have the person place their arms at their side and place the tape around the chest. Make sure that tape is not “dropped” too far in the back and that it comes across the lower part of the shoulder blade and that the tape in the front comes across the largest portion of the person’s chest.



### Step #3 – Waist

Place the tape around the person's waist, point areas to place the tape is where the person's bellybutton is as well as where the top of their hipbone is. (Not to be measured as if it were a "casual pant", for example, too low on the waist). Also note that you would like the person to be relaxed in the tummy area (again taking a breath in and out helps), and although my "model" may not be demonstrating so, have the person looking up as well.

**NOTE: When taking the waist measurement and then moving on to sizing garments please start off with the sizing garment pant as per the waist measurement. For example, if someone measures at a 36" waist please put the sizing garment of 36" on. If someone measures at a 37" waist, please start with the sizing garment of 38" to see how that fits and if that feels too big then have them try on the sizing garment of 36".**



### Step #4 – Seat

Place the tape around the largest part of the person's rear. Please ask for any items in pant pockets to be removed. Also please note that the person should have legs together, and not spread apart.



**Step #5 – Sleeve (Explanation to follow pictures)**

**Picture #1**



**Picture #2**



**Picture #3**



**Sleeve:**

**For the sleeve (not sure if the pictures show it clear)**

**Step #1**

**The person should have arms bent in front of them and have the fingertips touching. Take the measuring tape to the nape of the neck (where you can feel the bone) and take it on an angle towards the shoulder blade. Often if the tape measure is “cut across” too much to the shoulder I find that it shortens the length of the sleeve by about an inch or two. Also taking it slightly on an angle helps you along to Step #2.**

**Step #2**

**The tape measure continues from the mid-shoulder blade area to the outside of the elbow.**

**Step #3**

**The tape measure then continues from the outside of the elbow to the wrist bone, where you will find your sleeve measure.**

**Typically if someone ranges with the height of 5’6” or shorter the sleeve length will commonly be somewhere of a measurement of 32” to 34”.**

**Typically if someone ranges with the height of 5’7” to 5’9” the sleeve length will commonly be somewhere of a measurement of 34” to 35”.**

**Typically if someone ranges with the height of 5’10” to 6’0” the sleeve length will commonly be somewhere of a measurement of 35” to 37”.**

**Typically if someone ranges with the height of 6’1” or taller the sleeve length will commonly be somewhere of a measurement of 36” to 38”.**

## Step #6 – Neck to Waist

This measure as well starts at the nape of the neck (where you can feel the bone) and ends at the curve in the lower back (imagine where the bellybutton is on the person in the front)



### Step #7 – Inseam

Ask the person to “slightly” spread their legs and “cup”, place the tape in the inside of the crotch area and take the tape down to the ankle bone. Also please make sure there are no shoes on at the time.

**NOTE: An inseam measurement for our bunker pants typically will be about 2” shorter then what their inseam would be on a casual pant.**



### Step #8 – Outseam

Standing straight and relaxed, place the tape on the hipbone and take it down to the anklebone (not the ground) for the measurement. Also please make sure there are no shoes on at the time.

**NOTE: An outseam measurement for our bunker pants typically will be about 10” to 11” longer then the inseam measurement that was taken.**



## Step #9 – Thigh

Place the tape measure around the largest part of the person's thigh (upper thigh area) for this measurement.



**FINAL NOTE:** Sometimes with measurements being taking one will come across a measurement that is a half, and we do not wish for the tape to be “pulled” on or “loosened” to come to an even number. When in this situation of having the tape snug on the body part that is being measured, please note the half.

**For Example:** If you are taking someone's chest measurement and you may have taken it 2-3 times and you keep coming up with  $46 \frac{1}{2}$ ", note that measurement of  $46 \frac{1}{2}$ " (and still add 2" making it  $48 \frac{1}{2}$ "") without forcing the tape to 46 or 47. This is an example to be applied to all 9 measurements.

**Thank you!**